



Covid-19 July 2021

Our governing body the General Osteopathic Council has stated that we must maintain our current level of PPE and cleaning regimes for the foreseeable future. We would respectfully ask that you wear a face covering when you come for a treatment. These measures help us to keep everyone safe and able to keep on offering treatment. Thank you for your patience and understanding.

Covid-19 procedures

I have put in place the following changes to my practice due to the Covid 19 pandemic. Hopefully this will reassure you that I am doing everything I possibly can to minimise the risk of catching Covid 19 during your appointment but I cannot guarantee the environment will be perfectly virus free.

If you are vulnerable or shielding or you are living with family members who are vulnerable or shielding either book a telehealth consultation or email me for advice at info@carolplumridgeosteopathy.co.uk or leave a message on 01249 445 426.

If you haven't seen me before please book a new patient appointment.

Changes I have made:

- Appointments are spaced out to allow for cleaning and disinfection between clients. All surfaces and door handles are cleaned.
- I will be wearing a mask, face shield and a disposable apron. I have wipe able pillows and no coverings on the treatment table.
- I have written and regularly update an infection control and mitigation policy, if you would like a copy please ask.
- Payment is by card only the card reader is cleaned between each transaction.
- All appointments are based in Chippenham



Carol Plumridge
OSTEOPATHY

Please adhere to the following guidelines for your appointment:

- Please use the toilet before your appointment.
- Please wherever possible come to your appointment alone; if you need a chaperone or are bringing a child you will all have to have a Covid-19 screening. Everyone must wear a face covering.
- If before your appointment you or any family members in your household have a temperature, cough or loss of sense of taste or smell or if you have any suspicion that you may have been exposed to Covid 19 please cancel your appointment.
- Please arrive on time for your appointment and wait in your car until you are invited into the clinic. I will ask you about your health and take your temperature; you will be invited to sanitise your hands on entering and leaving the clinic.
- Please bring as little into the clinic as possible, you will be asked to place any belongings into a plastic box.